

# How to Become a Lifeguard/Swim Instructor for the City of Port Coquitlam

To be eligible to be employed as an Aquatic Leader with the City of Port Coquitlam, candidates must meet the following requirements.

## Aquatic Leader Basic Requirements

Standard First Aid ( <i>Current within 3 years</i> )
National Lifeguard - Pool Option
Water Safety Instructor
Minimum age of 16 years

Here is the pathway to obtain all of these certifications:

### Certifications for a Lifeguard

Course	Prerequisite
Bronze Star	8-12 years
Bronze Medallion	13 years of age or Bronze Star
Bronze Cross	Bronze Medallion
Standard First Aid and CPR-C	Recommended 14 years of age
National Lifeguard <i>Pool Option</i>	16 years of age, Bronze Cross, Standard First Aid and CPR-C
<b>Certified Lifeguard</b>	

### Certification for a Swimming Instructor

Course	Prerequisite
Completion of Red Cross Swim Kids Level 10	No prerequisite
Water Safety Instructor	15 years of age and a Red Cross Swim Kids Level 10 ability +
<b>Certified Instructor</b>	

Candidates need to have completed all lifeguard and instructor certification to be eligible for employment with the City of Port Coquitlam.

Port Coquitlam Lifeguard Certification [click to open](#)

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